

Luncheon Buffets

Assembled Sandwich Platters

Salads (Please select two):

- Fresh Garden Salad
Leafy Greens, Chopped Cucumbers, Tomatoes and Shredded Carrots with Buttermilk Ranch Dressing and Balsamic Vinaigrette
- Sliced Fruit and Berry Platter
- Classic Caesar Salad
- Tidewater's Pasta Salad
- Traditional Home Style Potato Salad

Assortment of Deli Sandwiches* and Wraps can include:

Sliced Maple Glazed Ham, Italian, Turkey Breast, Vegetables and Hummus Wraps, Tuna Salad and Waldorf Chicken Salad

Individual Bags of Chips

Pickles, Hellman's Mayonnaise, and Gulden's Mustard

Assorted Cookies and Brownies

(other dessert options available and listed at end of menu)

*Gluten Free Bread Available Upon Request

Tidewater's "Build Your Own" Deli Platter (Minimum 25 guests)

Salads (Please select two):

- Fresh Garden Salad
Leafy Greens, Chopped Cucumbers, Tomatoes and Shredded Carrots with Buttermilk Ranch Dressing and Balsamic Vinaigrette
- Sliced Fruit and Berry Platter
- Classic Caesar Salad
- Tidewater's Pasta Salad
- Traditional Home Style Potato Salad

"Build Your Own" Deli Platters can include*:

Sliced Maple Glazed Ham, Turkey, Roasted Vegetables and Hummus,
Tuna Salad and Waldorf Chicken Salad

Provolone and American Cheese

Assorted Rolls and Wraps

Lettuce, Tomatoes and Pickles

Hellman's Mayonnaise and Gulden's Mustard

Individual Bags of Chips

Assorted Cookies and Brownies

(other dessert options available and listed at end of menu)

*Gluten Free Bread Available Upon Request



Luncheon Buffets

The Boxed Lunch

Perfect for business luncheons, conference breaks, or groups on the go.

Assorted Assembled Deli Sandwiches and Wraps (with Lettuce and Tomato)
Choice of Pasta, Potato or Fresh Fruit Side Salad
Individual Bags of Chips
Choice of Seasonal Hand Fruit or Energy/Granola Bar
Hellman's Mayonnaise and Gulden's Mustard Packets
Choice of Freshly Baked Cookie or Brownie
Napkin and Utensils

A Taste of Italy Buffet

Please select one:

- Fresh Garden Salad
Leafy Greens, Chopped Cucumbers, Tomatoes and Shredded Carrots with Buttermilk Ranch Dressing and Balsamic Vinaigrette
- Sliced Fruit and Berry Platter
- Classic Caesar Salad

Please Select two:

- Fontina and Basil Sacchetto Pasta with Rustic Marinara
 - Penne, Chicken and Broccoli Alfredo
 - Butternut Squash Ravioli with Maple Cream Sauce and Candied Pecans (Seasonal)
 - Sausage & Chicken Pasta Grilled Chicken, Sweet & spicy Italian sausage, baby spinach, bell peppers, roasted red onions, Parmesan cheese and pasta tossed in a homemade tomato sauce
 - Creamy Mac & Cheese Pasta, sharp Cheddar and Gruyere cheeses, and toasted bread crumbs
- Pita Triangles

Assorted Cookies and Brownies (other dessert options available and listed at end of menu)

Tex-Mex Olé Buffet

Southwest Salad

Romaine Lettuce, Summer Corn, Black Beans, Cucumbers, Tomatoes, and Chipotle Ranch Dressing

Corn Chips

Hard Shell and Soft Shell Tortillas (3 per person)

Grilled and Sliced Fajita Chicken **OR** Steak
(can be combined for extra)

Toppings: Cheddar Jack Cheese, Fried Onions, Salsa, Guacamole and Sour Cream

Spanish Rice

Assorted Cookies and Brownies

(other dessert options available and listed at end of menu)



Luncheon Buffets

Tidewater's Classic Buffet

Please Select One:

- Fresh Garden Salad
Leafy Greens, Chopped Cucumbers, Tomatoes and Shredded Carrots
with Buttermilk Ranch Dressing and Balsamic Vinaigrette
- Classic Caesar Salad
Our Own Toasted Croutons, Parmesan Cheese and Tangy Dressing
- Seasonal Vegetable Medley

Please Select Two:

- Stuffed Chicken
Boursin Cheese, Spinach and Sun-dried Tomato with a Light Velouté sauce
 - Pork Loin
Homemade Apple Chutney and Juniper Cider Glaze
 - Marinated & Grilled Steak Tips
With Mushroom Demi Glace
 - Sesame Garlic Beef and Vegetable Stir Fry
 - Cranberry, Apple Stuffed Chicken
With Cider Glaze
 - Maple Mustard Glazed Pork Loin
 - Orange Ginger Chicken
With Scallion Mandarin Sauce
- Garlic Mashed Potatoes or Rice Pilaf
Pita Triangles
Assorted Cookies and Brownies
(other dessert options available and listed at end of menu)

Asian Buffet

- Asian Salad
Pasta noodles, shredded carrots, peppers, slivered almonds, sesame seeds and cilantro
with a soy vinaigrette
- Oriental Pasta Salad
Celery, Cucumbers, Peppers, Napa Cabbage, Wasabi Peas
and Asian Garlic Vinaigrette
- Sweet and Sour Chicken **OR** General Tao's Chicken **OR** Orange Ginger Chicken
- Sesame Garlic Beef Stir Fry
- White Sticky Rice
- Assorted Cookies and Brownies
(other dessert options available and listed at end of menu)



Luncheon Buffets

Land and Sea Buffet

Please Select One:

- Fresh Garden Salad
Leafy Greens, Chopped Cucumbers, Tomatoes and Shredded Carrots with Buttermilk Ranch Dressing and Balsamic Vinaigrette
- Classic Caesar Salad
Our Own Toasted Croutons, Parmesan Cheese and Tangy Dressing
- Seasonal Vegetable Medley

Please Select Two:

- Pork Loin
Homemade Apple Chutney and Juniper Cider Glaze
- Marinated and Grilled Steak Tips
With Mushroom Demi Glace
- Saltimbocca Chicken
Chicken breast wrapped in prosciutto and sage with a white wine herb sauce
- Slow Roasted Sliced Sirloin
Mushroom Marsala Wine Sauce
- Oven Baked Haddock
Light Crumb Topping and Lemon Wedges

Roasted Red Bliss Potatoes, Mashed Potatoes or Rice Pilaf

Pita Triangles

Assorted Cookies and Brownies

(other dessert options available and listed at end of menu)

Meat and Potato Buffet

Please Select One:

- Fresh Garden Salad
Leafy Greens, Chopped Cucumbers, Tomatoes and Shredded Carrots with Buttermilk Ranch Dressing and Balsamic Vinaigrette
- Classic Caesar Salad
Our Own Toasted Croutons, Parmesan Cheese and Tangy Dressing
- Seasonal Vegetable Medley

Please Select Two:

- Chicken Piccata
Mushrooms, Parsley, Artichokes and Capers with a Lemon Wine Sauce
- Brushetta Chicken
Diced Tomatoes, Garlic, Basil and Mozzarella
- Bacon Wrapped Bourbon Glazed Pork Loin
- Marinated and Grilled Steak Tips
With Mushroom Demi Glace
- Orange Ginger Chicken
With Scallion Mandarin Sauce

Roasted Red Bliss Potatoes, Mashed Potatoes or Rice Pilaf

Pita Triangles

Assorted Cookies and Brownies

(other dessert options available and listed at end of menu)

Luncheon Buffets

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Hot and Delicious Soup for Your Buffet

Choice of Soup:

- Chicken Noodle
- Tomato Garden Veg (GF/V/DF)
- Italian Wedding
- Butternut Squash and Apple Bisque (GF/V/DF)
- Beef Barley
- Loaded Baked Potato
- New England Clam Chowder (with oyster crackers)

Desserts

Assorted Cookies and Brownies

The following Choices are available:

- Cannolis and Eclairs
- Individual Chocolate Mousse (with Whipped Cream)
- Fruit Cobbler (Seasonal Flavors)
- Double Chocolate Layer Cake
- Gourmet Cupcakes (Mini or Large)
- New York Style Cheesecake (with Seasonal Berries)
- Carrot Cake
- Assorted Mini Dessert Bites and Finger Pastries
- Mini Whoopie Pies (Seasonal Flavors)
- Assorted Brownie Bites
- Fruit and Cream Filled Pies
- Pound Cake (with Fresh Berries and Whipped Cream)
- Individual Chocolate and Vanilla Pudding
- Assorted Gluten Free Cookies and Dessert Bites

Please inquire about celebration cakes or any other dessert that you do not see listed here.

Beverages

Assorted Soft Drinks and Bottled Waters

Assorted Upscale Drinks/Waters